

# 2025

2025 is a gift from God.  
Unwrap it. Open it.  
And then live it with joy.



John and Bev Cooper  
Ministry Representatives  
for  
Northern California/Nevada

## JANUARY 2025



**“Men shall speak of the power of Your awesome acts. And I will tell of Your greatness. They shall eagerly utter the memory of Your abundant goodness and will shout joyfully of your righteousness.”** Psalm 145:6-8

Bev and I are so grateful for your response to our year-end matching gift. We were able to meet our goal of \$12,500! This will allow us to help with our extra expenses in inviting new couples to partner with us in bringing help and hope to marriages.

This new year brings excitement and great expectations as we have now developed four new volunteer teams for each of our getaways in Sacramento, San Jose, Napa, and Lake Tahoe. When we first moved to California, we had only one volunteer team doing everything—we knew that wouldn't work. Our plan was to have each event have it's own team so they could “own it” and not put such a strain on the volunteers. This last year marks the accomplishment of how God has provided additional leadership to come alongside us

which shows readers how to better understand themselves in times of emotional distress, so that they can self-regulate.

The book will be available this month but you can also attend the Mindful Marriage conference or schedule one for your church and community. Just go to [rondeal.org](http://rondeal.org) for more information. Bev and I will attempt to attend a conference this year and bring it to our region.



**Silverado Resort**  
Napa, CA  
Feb 14-16



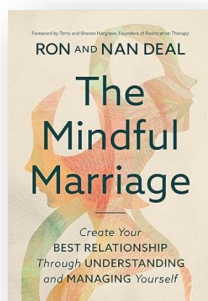
Our Spring conference season kicks off in February where Bev and I will be hosting the getaway on Valentine's Day weekend at a new location with a new volunteer team. We are expecting over 400 people to be attending.



to bring help and hope to families.

### PRAYER NEEDS

- Pray for safety and wisdom as Bev and I will be traveling back to Missouri the first part of January to care for Bev's mom, prepare her house to be put on the market, and finalize her stay at the nursing home.
- Pray for our Napa team as we get to know each other and work together to prepare for the marriage getaway.
- Pray for us as we prepare for a Cooper Family gathering at our home mid-February. Kristin is flying in from South Korea and all the rest our kids and granddaughter will be flying in also. It will be a fun and crazy gathering for sure!



Ron Deal, FamilyLife's Blended Marriage Director, along with his wife, Nan, have just finished publishing their newest book—*The Mindful Marriage*. Bev and I, along with other FamilyLife couples, had the opportunity to go through a focus group via Zoom meetings with Ron and Nan.

*The Mindful Marriage* delivers a therapeutic model for couples who want to stop the painful patterns in troubled or healthy relationships, so they can build a stronger connection. The book takes a unique approach